

# LETTING GO

1. To "let go" does not mean to stop caring, it means I can't do it for someone else.
2. To "let go" is not to cut myself off, it's the realization I can't control another.
3. To "let go" is not to enable, but to allow learning from natural consequences.
4. To "let go" is to admit powerlessness, which means the outcome is not in my hands.
5. To "let go" is not to try to change or blame another, it's to make the most of myself.
6. To "let go" is not to care for, but to care about.
7. To "let go" is not to fix, but to be supportive.
8. To "let go" is not to judge, but to allow another to be a human being.
9. To "let go" is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.
10. To "let go" is not to be protective, it's to permit another to face reality.
11. To "let go" is not to deny, but to accept.
12. To "let go" is not to nag, scold, or argue, but instead to search out my own shortcomings and correct them.
13. To "let go" is not to adjust everything to my desires but to take each day as it comes, and cherish myself in it.
14. To "let go" is not to regret the past, but to grow and live for the future.
15. To "let go" is to fear less and love more.

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# ATTITUDE

The longer I live, the more I realize the impact of attitude on life.

Attitude to me is more important than fact.

It is more important than the past, than failures, than successes, than what other people think or say or do.

It is more important than appearance, giftedness, or skill.

It will make or break a company... a church... a home.

The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day.

We cannot change our past... we cannot change the fact that people will act in a certain way.

We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude... I am convinced that life is 10% what happens to me and 90% how I react to it and so it is with you... We are in charge of our attitude.