

Step 4  
directions

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### **Harms done others** (70:3 – 71:0)

(70:3) "We have listed the people we have hurt by our conduct, and are willing to straighten out the past if we can."

**This is where we add all the other harms to our inventory. What about the people with whom we aren't resentful, afraid of, nor did we have sex with them? This is where they go...**

**After all sex relationships are covered, check the rest of your life to see if you have other harms outstanding (ie: stealing, cheating, lying, adultery, assault, verbal abuse, damaged property etc.) to family, friends, employers, co-workers, neighbors, acquaintances etc. Write out a list of their names and the specific harm you caused to them.**

1. Where have I been selfish?
2. Where have I been dishonest?
3. Where have I been inconsiderate?
4. Whom did I hurt?
5. Where did I unjustifiably arouse jealousy, suspicion or bitterness?
6. Where was I at fault?
7. What should I have done instead?