

Character Defect 10-10-99	Opposite of Defect	Character Assets
Selfish	Unselfish/Giving/Sharing	
Dishonest	Honest	
Resentful	Forgiving	
Afraid/Fear	Faith	
Arrogant	Humble	
Egotistical/Egoism	Modest	
Cocky	Mild	
Envy	Grateful	
Sloth	Hard Working/Industrious	
Gluttony	Sharing	
Impatient	Patient	
Vengeful	Loving	
Hurtful	Kind	
Sarcastic	Complimentary	
Intolerant	Tolerant	
Hateful	Forgiving	
Inconsiderate	Considerate	
False Pride	Modest	
Greedy	Content/Giving	
Thieving	Honest/Giving	
Lustful	Content	
Angry	Happy	
Jealous	Secure/Trusting	
Procrastination	Timely	
Self-Seeking	Charity/Helpful for others	
Self-Centered	Selfless/Thoughtful	
Self - Righteous	Gracious	
Self - Pity	Lenient/Positive	
Self - Justification	Accepting	
Self - Important	Considerate of others	
Self - Condemnation / criticism	Self - Embracing/ approval	
Self - Harming Smoking, Over-eating	Self Esteem - Self Love	
Low Self - Esteem	Self -Acceptance	
Suspicious	Trusting	
Insecure	Secure/Fulfilled	
Manipulative	Compliant/Accepting	
Abusive	Caring	
Conceited/Vain	Unassuming	
Non- Committal	Definite/committal	
Rationalization	Acceptance/Reality	
Judgmental	Fair Minded/Understanding	
Denial/Justification	Agreeable/Acceptance	
Opinionated/ Obstinate	Fair Minded	
Violent	Cuddly/Loving	
Prejudice	Open Minded	
Controlling	Retiring/Humble	
Expectant	Unwatchful/Accepting	
Paranoid	Trusting	
Needy	Giving	
People Pleasing/Fake	Real/True	
Unloving/ Unkind	Loving/Kind	
Irresponsible	Responsible	
Perfectionist/Anal	Sympathetic/Easy Going	
Martyr/Victim	Courageous/Responsible	
Infidelity	Monogamous	
Divorced from love	Married/Committed	Single & happy
Enabling	Tough Love	
Immoral	Moral/Spiritual	
Pompous	Modest	